

March 1st, 2007

EDINBURGH FORTHSIDE HALF MARATHON ANOUNCES EXTRA PLACES AVAILABLE

THE deadline for entries to this year's Edinburgh Forthside Half Marathon and Family Fun Run has been extended to March 9th, with organisers releasing an extra 200 places.

The extension means those who missed the initial February 28th deadline still have time to enter the popular race which in 2006 saw over 3,500 runners of all abilities pounding along Edinburgh's waterfront.

Runners can sign up to the race, which will take place on Sunday April 1, through one of the five nominated charities which are: The Sick Kids Foundation, Royal National Lifeboat Institution, Marie Curie Cancer Care, St Columba's Hospice and Radio Forth Help a Child Appeal. Each charity has been given guaranteed places in order that runners can take part and raise much-needed funds.

Ian Ladbroke, race director, said, "We calculated the number of people who had entered last year's race and had either not turned up or pulled out due to injury. We decided to release an extra 200 charity places this year so people keen on competing will not be disappointed.

"Numbers for this year's race are on a par with last year and we are looking forward to the event which promises to be a great day out for all the family."

The course will start and finish at Ocean Terminal and will take in Newhaven, Trinity, Granton, Silverknowes and Cramond.

The Family Fun Run will take place on the same day as the Half Marathon and follows a two-mile course from Ocean Terminal. People can enter this race up to the day of the event, and organisers are offering a 'four for the price of three' deal on entrance fees.

For those needing a helping hand getting ready for the event, a 'Training Zone' is featured on the Edinburgh Forthside Half Marathon website which includes tips and a training plan for runners.

ENDS

Issued by The Big Partnership on behalf of Forth Ports PLC and Event Organisers Ethical Athletics Ltd.

**For more information please contact
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NOTES TO EDITORS

1. Edinburgh Forthside is the umbrella brand for three key regeneration projects at Granton, Harbour, Western Harbour and Leith Docks being led by Forth Ports PLC.
2. Visit www.edinburgh-forthside-half.co.uk to enter online and for more information.
3. Entry forms can also be requested via the Half Marathon 24 hour information hotline on 0871 220 2006.
4. The Edinburgh Forthside Half Marathon will take place on Sunday April 1, starting from Ocean Terminal at 9am and the Family fun run will start at 9.10am from the same location.